



Windy Hill Older Adults Community News

March 2021



The month of March will be busy. St Patrick's Day is March 17th, it's the Luck of the Irish. Daylight Savings Time begins on March 20th, our days are getting longer. The first day of Spring is also on the 20th of March. We have so many wonderful new programs this month. Think Spring!

New Programs This Month: Ah, Spring! A time full of joy, a season full of hope. There's just something about Spring that makes you want to celebrate. And who is more deserving of joy and celebration than you? After a long and tedious winter, you deserve some relief. Join neighbors and friends on **Tuesday, March 2nd, @ 12pm** in our community room for a refreshing fruit filled Smoothie to celebrate the first day of Spring!



Travel Hour Travel with us as we take a virtual trip on **Thursday, March 4th @ 1 pm** to West Ireland, Dingle, Galway and the Aran Islands. Come sample a bit of Shepard's Pie while learning about Ireland's wonderful culture, food and its people.



March Madness is one of the biggest, most exciting and fun events in all of sports. Throughout the country, men and women, boys and girls go crazy over NCAA basketball in March each year. Join us on **Fridays @ 1pm** and participate in a variety of fun sports fill activities.



Ready Set Decorate! Grab your art supplies and let the creativity flow. We're having a door decorating contest celebrating the arrival of Spring on **Thursday March 18th @ 1 pm**. Prizes will be given to the winners!

Monthly Updates

Tax season is upon us! Income tax preparation is available **by appointment only** at **Cascades Library, 21030 Whitfield Place, Potomac Falls, VA 20165; 703-444-3228** This free service is provided by the AARP Tax Aide program and is open to all ages and incomes. Visit <https://sites.google.com/view/taxaide-new/home> to schedule an appointment. (*Library staff cannot schedule appointments.*)



COVID Vaccine: Residents aged 65 or older can now sign up for COVID 19 vaccines. If you live in Loudoun County, call 703-737-8300 between 9:00 A.M. and 5:00 P.M. The hotline is open seven days a week, so if you don't get through the first time, call back again. If you live in Fauquier County, call 540-308-6072 between 9:00 A.M. and 5:00 P.M. Monday through Friday. The hotline is open seven days a week, so if you don't get through the first time, leave a message and they will call you back.



Rental Assistance: If you need help paying rent, please first contact your Property Manager. You can also apply online at <https://applications.deval.us/> or call **Cassie** for help.



Contact:
Cassandra Hawkins
Resident Services Supervisor
1000 West Washington Street,
Middleburg, VA 20117
540-687-3273
chawkins@clrserv.org

Safer at Home Calendar



| Mon | Tue | Wed | Thu | Fri | Sat | |
|---|--|--|--|--|--|-----------|
| <p>1</p> <p>Herb Craft Kit 1pm</p>  | <p>2</p>  <p>Smoothies 12 pm</p>  <p>Panera 1 pm</p> | <p>3</p> <p>Breakfast Club 10:30am</p>  <p>Join Us For Breakfast</p> | <p>4</p> <p>USDA Food Boxes 12pm</p>  <p>Virtual Travel Hour 1pm</p>  | <p>5</p> <p>Seven Loaves Morning</p>  <p>Friday Feast Afternoon</p>  <p>SPORTS Levi's Sports Hour 1pm</p> | <p>6</p> | |
| <p>7</p> | <p>8</p>  <p>Puzzle Me This 12pm</p> | <p>9</p>  <p>AM Stretch 10:30 am</p>  <p>Panera 1 pm</p> | <p>10</p> <p>Spring Fling</p>  <p>12pm</p> | <p>11</p>  <p>Movie Hour 12PM</p> | <p>12</p> <p>Seven Loaves</p>  <p>SPORTS Levi's Sports Hour 1pm</p> | <p>13</p> |
| <p>14</p>  <p>Daylight Savings Time Begins</p> | <p>15</p>  <p>Pie Tasting 1pm</p> | <p>16</p>  <p>St. Patrick's Day Kit 12 pm</p>  <p>Panera 1pm</p> | <p>17</p> <p>Breakfast Club 10:30am</p>  <p>Join Us For Breakfast</p> | <p>18</p>  <p>Spring Door Decorat- ing Contest 1pm</p> | <p>19</p> <p>Seven Loaves Morning</p>  <p>Friday Feast Delivered Afternoon</p>  <p>SPORTS Levi's Sports Hour 1 pm</p>  | |
| <p>21</p>  <p>St. Patrick's Lunch 1pm</p> | <p>22</p> | <p>23</p>  <p>AM Stretch 10:30 am</p>  <p>Panera 1pm</p> | <p>24</p> <p>Green BINGO!</p> <p>12 pm</p> | <p>25</p>  <p>Happy March Birthdays</p> <p>March Birthday Celebration 1 pm</p> | <p>26</p> <p>Seven Loaves</p>  <p>SPORTS Levi's Sports Hour 1pm</p>  | <p>27</p> |
| <p>28</p>  <p>Palm SUNDAY</p> | <p>29</p> <p>Croquet Match 1 pm</p>  | <p>30</p> <p>Pine Cone Craft Kit</p>   <p>Panera 1 pm</p> | <p>31</p> <p>Breakfast Club 10:30am</p>  <p>Join Us For Breakfast</p> |  <p>Wherever you go and whatever you do, May the luck of the Irish be there with you.</p> | | |