



Windy Hill Older Adults Community News

November 2020



I am thankful for ... you!

Hello friends, in the this month of giving thanks, I want to tell you how grateful I am for each of you. Our community of Vintage Virginians is so diverse with so many different talents and life experiences to share. This month I challenge you to talk to at least one neighbor you don't know very well. Ask them where they grew up, what is their favorite color, what toppings do they like on pizza? Socially distanced does not mean socially isolated. We are our own best resources! Let's be thankful for another month full of fun activities, food, and friends. **Wishing you and yours a great Thanksgiving!**

Save the Date!

- **Daylight Savings Time Ends Sunday, November 1st** - Turn your clocks back an hour at 2 AM!
- **Election Day is Tuesday, November 3rd.** - If you have not already voted, vote in person at Middleburg Town Office, 10 West Marshall Street. Let Gwen know if you need a ride.
- **Bingo is back , COVID-style.** We will have 2 sessions, thirty minutes each. We can only have 5 people at a time. **Join us on Wednesdays, November 4, and 18 from 1-2 PM!**
- **Social Hour on Friday, November 6th at 1 PM** – Come to the community room for friendly conversation, coffee and donuts, games, and a virtual presentation of *Don Quixote* by the *Manassas Ballet Theatre*.
- There's still time to learn healthy eating before the holidays. **The last two Nutrition Classes are at 11:30 AM on Tuesdays, November 10th and 18 in the Levis Hill House Community Room.**
- **We will celebrate all the veterans in our lives with a special lunch on Wednesday, November 11th at 1 PM.** Please pick-up your lunch from the shared table.
- Willisville Chapel will be dropping off **Thanksgiving Baskets** to every unit at Levis Hill House on Friday, **November 20th.**
- ***NO SEVEN LOAVES & FRIDAY FEAST MEALS ON FRIDAY, NOVEMBER 27th***

Monthly Updates

Medicare Open Enrollment:

October 15 – December 7.

Concerned about prescription costs that have increased as health needs change? The only way to be certain your existing plan can provide the best coverage for you next year is to check your coverage during Open Enrollment. Virginia Insurance Counseling and Assistance Program, (VICAP) is here to help! Call 703-228-1725 to schedule an appointment with a trained, certified VICAP Medicare counselor.



CARVER CENTER

The Carver Center is open!

Monday through Friday, from 9:00 am to 3:00 pm . Preregistration is required for all activities. Call (571)258-3400. New requirements before entering:

- All visitors are screened using a Covid-19 questionnaire and a no-touch thermometer.
- Anyone entering Carver Center is required to wear a face covering. Face coverings may be removed while eating lunch.
- Furniture is set up to allow six feet between participants at all times. A 10-ft spacing is used for fitness activities.

The last day to submit Heating Assistance Applications is November 13th.

We have applications in the office or mail your preprinted one to Loudoun County DFS, 102 Heritage Way Suite 103 PO Box 7400 Leesburg, VA

Contact:

Gwen Murugu
Resident Services Manager
1000 West Washington St.,
Middleburg, VA 20117
540-687-3273

Safer at Home Calendar

November 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p>  <p>FALL BACK Daylight Savings Ends <u>Turn back your clocks at 2AM</u></p>	<p>2</p> <p>Morning Walking Club </p> <p>Outdoor/ Indoor 10:30 AM</p>	<p>3</p>  <p>Election Day- Go Vote! Resident Services Office Closed</p>	<p>4</p>  <p>BINGO 15 21 34 46 65 8 24 36 56 72 12 30 FREE SPACE 53 75</p> <p>COVID Bingo 2 sessions 1-2 PM</p>	<p>5</p>  <p>USDA Senior Food Boxes 12 PM</p> <p>Fall Sun Catchers 1PM</p> 	<p>6</p>  <p>Seven Loaves</p> <p>Social Hour Community Room 1 PM</p> 	7
8	<p>9</p> <p>Morning Walking Club </p> <p>Outdoor/ Indoor 10:30 AM</p>	<p>10</p>  <p>Nutrition Class Community Room 11 AM</p>  <p>Panera BREAD 1PM</p>	<p>11</p>  <p>THANK YOU! Veterans Day Lunch 1 PM Pick-up Front Patio</p> 	<p>12</p>  <p>Fall Bottle Craft Kit 1PM</p>	<p>13</p>  <p>Seven Loaves</p> <p>Friday Feast 4-6 PM</p>  <p>HEATING ASSISTANCE Application Deadline</p> 	14
15	<p>16</p> <p>Morning Walking Club </p> <p>Outdoor/ Indoor 10:30 AM</p>	<p>17</p>  <p>ADMIT ONE Pizza and Movie 1:00 PM Community Room</p>  <p>Panera BREAD 1PM</p>	<p>18</p>  <p>BINGO 15 21 34 46 65 8 24 36 56 72 12 30 FREE SPACE 53 75</p> <p>COVID Bingo 2 sessions 1-2 PM</p>	<p>19</p>  <p>Turkey Craft Kit 1PM</p>	<p>20</p>  <p>Seven Loaves</p> <p>Thanksgiving Baskets Delivered- Thank you Willisville Chapel!</p> 	<p>21</p>  <p>FREE Toiletries Long Branch Church 9-11 AM</p>
22	<p>23</p> <p>Morning Walking Club </p> <p>Outdoor/ Indoor 10:30 AM</p>	<p>24</p>  <p>Sorry we'll be CLOSED Resident Services Office Closed</p>	<p>25</p>  <p>Breakfast Club 10:30 AM Community Room</p>	<p>26</p>  <p>Happy Thanksgiving! Wishing You A Wonderful Thanksgiving! (Offices Closed)</p>	<p>27</p>  <p>THE HOLIDAY MOVIE MARATHON Movie Marathon Snacks Provided 1- 4PM</p>	28
29	<p>30</p> <p>Morning Walking Club </p> <p>Outdoor/ Indoor 10:30 AM</p>					